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Bellamy · A New and Short Defense of Tobacco

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A NEW AND
Short Defenſe of *Tabacco*: with *the effectes of the ſame:* and of the right vſe *thereof.*

By Doctor Bellamy.

LONDON
Printed by V. S. for Clement Knight, and are to be ſold at his Shop at the Signe of the Holy Lambe in Paules Church-yard.
1602.

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To the Reader.

GOod Reader, the Author of this little Pamphlet perceauing how vehemently (yet without iuſt cauſe) the vſe of *Tabacco* hath of late beene by common ſpeach detracted, & by diuerſe, publikely written againſt, deſireth herein briefly, by his owne example and experience (being a man of good quality, learning, and iudgement) to ſatisfie and direct his friends and countrimen, in the practiſe, and taking of that hearb; And

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hath, to that end, ſet downe ſuch a perfect and ſound Rule, and Methode, as may confirme thoſe who do rightly vſe the ſame, in the continuance thereof, and confute others, who vniuſtly, ſpeake euill againſt that, of whoſe true vertue they are vtterly ignorant, themſelues either not vſing it, or abuſing it, *Extra, & vltra modum*, know not, that, *Inſani ſapiens nomen ferat, æquus iniqui vltra quam ſatis eſt virtutem ſi petat ipſam.* And that the beſt things may looſe their naturall propertie, being diſordered and miſapplied, as continuall experience in moſt thinges dooth too well witneſſe. But for the virtue of this diuine herbe (well applied) the Author hereof is *teſtis oculatus*, with-

without any exception, one that hath practiſed the ſame (and that very profitably,) on his owne body, which, by the power thereof, hee hath recouered to perfect health, & ſtrength, as a man of ſo many yeares may haue, ſo as to his own comfort, and for others to follow in the ſame directions, he may iuſtly ſet it down *probatum eſt*. There are (I knowe) many others, who by the like right vſe of *Tabacco* haue found the like happy effects, but through want of kinde affection to their countrie-men, or like miſerable *Euclioes* (vnwilling that any ſhould participate with them in their golden felicitie) do ſmother the vertue of that which no charitable mind would haue to lie

lie and die in silence. Let those therefore, who shall receiue, either delight in reading, or profit in practise of what is contained in this litle *Epitome*, thinke but thankefully of the writer, who wisheth a generall benefit of his poore labour.

Farewell.

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TABACCO

Artis pœoniæ decus.

Ervſing twoo ſeuerall Diſcourſes, lately putte downe by twoo ſingular exquiſite learned Phyſitions, *Con* and *Pro*, touching the nature, vſe and operation of our *multum magnifico*, lately recepted *Indian Tabacco*: The one of them, bitter, inuectiue, and patheticall againſt it: The other, milde, modeſt, and apologeticall for it. And finding them both in effect, and greateſt materiall pointes to concur, only differing, and diſſenting, in trifling toies, and tearmes, triuiall: I could not hold, but ſomewhat admire their ſerious diſpute, *De lana caprina*. For in good ſooth who wots not (trow you) that euery poore ſimple in Phiſicke, as all other matters elſewhere of good worth, and greateſt eſteeme, (*Per inſcitiam ac in curiam*) may lewdly be abuſed. Now, foraſmuch as: *Scholam medendi, mutua concordia deceat, vt hanc litem*

quodammodo dictionem, I thought it not amisse, *Pro meo modulo*, to insert herevnto my censure of proofe, and that also, so much the more willingly, inasmuch as I am not *Prosopoleptes*, any way partially affected, neither yet, *tam aßergus* senceleſſe, to conceale mine indebted, and deuoted affiance vnto that famous, and renowned *Tabacco*, for it rare, and manifold demerits. By fortunate vſe whereof, not only diuers gentlemen, elſewhere generally, but my ſelfe likewiſe, principally, and particularly, haue receiued ſuch admirable graces and helpes, as may not in any wiſe, without impious ingratitude to God-ward, and the like iniurie, to the hearbe it ſelfe, be either ſmothered vp in obliuion, or elſe, buried, *(amneſtia quadam perenni, quod abſit.)*

The commendation and vertue whereof may eaſily be diſcouered by theſe two ſpeciall meanes and markes, *Nempe*, { *Skill.* / *Square.*

The former of them is collected and gathered by { *Reading* / *Reaſon.*

The other is approoued and confirmed by { *Practiſe* / *Demonſtration.*

Termes (I confeſſe) quaint and conceited, yet not farre vnfit, *pro materia ſubiecta, vt ſequitur.*

And here, by your fauour, *Prima etiam fronte*, before I proceede any further to my purpoſe, I am ſeriouſly & friendly to forewarne all forward *Tabacconiſts*, that

of

of purgatiue medicines, Some are compoundes : Others are ſimples.

Electuarium Indum:
Electuar: de ſucc: roſ:
Diaprunis
Diacatholicon
Diaphœnicon.
} And many ſuch like, of that crew } *Compoundes.*

Scammonie
Stibbium
Colocynthis
Lawrell
Sæna Alex.
} with ſome others of that ſort } *Simples.*

Vnto this latter Rancke I doe aſſociate *Tabacco*, as one like, both in Nature and Qualitie.

Now let me tell you by the way, that all theſe, and euery of them in it ſelfe, whether it be compound, or ſimple, is indued with ſome one malignant quality or other, and that ſame alſo otherwiſe prædominant and pernicious, vnleſſe in compounds, by mixture, it be reformed : or in ſimples ſingularly wel reſtrained and curbed, algates portending and intending, *Non tam redimendam, quam dirimendam ſanitatem.* Wherefore vigilant circumſpection muſt be had, that *Tabacco* be handled conſiderately and reſpectiuely, not, phanatically, phantaſtically, inſolently, exceſſiuely, and wantonly, as ſome humorous, pragmaticall, Iocodocians

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(vaine and rafer) vſe to doe, whoſe noſes are like vn-to Mount *Aetna*, their mouthes and lippes (as it were) th'out-bruſt of *Pluto* his helliſh ſmoake, flying, and flaſhing about their faces, with euery *Huffe, Snuffe*, and *Puffe*, ſpitting out their owne folly, to the great offence of many. I dare not heere preſume in this point to limite vnto *Tabacco* and *Tabacconists*, any exact *Doſes* in weight, or meaſure, but will remitte that matter to Diſcretion, to be receiued, by graine, ſcruple, or dragme, according to the liſt and capacitie of the taker.

And now forward to my purpoſe.

Aſt, pugnare metus, retrò pudor ire vetabat:
Well: *Etſi omnia non poſſumus omnes:*
Tamen, Eſt quédam prodire tenus:
ſi non datur vltra.

Skill { *Reading.* / *Reaſoning.* }

Præſuppoſe ſome ſmall reading in me to haue preceeded.

Then my reaſon ſhalbe drawne and deriued from the { *Subſtance* / *Qualitie* / *Condition* } of *Tabacco.*

Firſt, Whoſe *Eſſence* and *Subſtance*, cannot rightly be termed bad or baſe, but ought truly to be accounted pure and precious, by vertue whereof, in marueilous operation, mens bodies and members are deliuered

tiered and cleered from innumerable, and thoſe alſo moſt groſſe, tædious, dolefull, and deſperate maladies. *Contraria contrariis curantur.*

Second, Whoſe *Qualities* of high degree, *ſcilicet, in exiccando celebriter, & in aperiendo celeriter*, do mightily and mainely worke change, and reforme all the enormities in our queaſie bodies; The head, from deſtillation: The leights, from ſtraightneſſe: The liuer, from obſtruction; and conſequently, all other our principall partes, from infinite diſeaſes, and grieuances, *vt nihil ſupra*: All which effectes, do ſufficiently argue, and declare the admirable and powerful force and dignitie thereof.

Third, Whoſe *Condition* and propertie (doubtles) moſt milde and comfortable to mee, dooth leaue behinde it, in my mouth (taken by pipe) a certaine ſweet fragrant moiſture, *Referens mellitum quid*, not much vnlike the pleaſant deaw on oken leaues, in prime of Maie, whereuppon Hony-bees, at that time, do moſt commonly and comfortably feede.

Then, to pretend, that by ſmell and taſte, our ſenſe is offended by *Heate* and *drieth* thereof, *Radicall* moiſture is exhauſted, concoction hindred, propagation decayed, poyſon and venome into mens bodies infunded, and melancholy bredde and encreaſed, are meere nugations, and yet grieuous imputations, and great indignities offered to that innocent *Tabacco*, admitte ſuch accidents doe happen by the immoderate and inconſiderate vſage thereof: *Vitium eſt hominis, non artis nec herbæ.*

For, whosoeuer list without preiudice, to make faithfull triall thereof, as my selfe haue doone, shall easily finde, feele, and confesse, without impeachment, that it is: *Absque omni farragine.*

In { *Essence, commendable.* / *Smell, comfortable.* / *Taste, tolerable.* / *Vertue, forcible.* / *Effect, most admirable.*

Ecquid amplius?

So that euery discreet person without al suspition of { *Deleterion,* / *Anodinon,* / *Stupefaciendi,* / *Inficiendi,* / *Horroris, aut* / *Offendiculi,*

And euery other considerate man and woman, &c. of { *Highest degree.* / *Finest graine.* / *Sharpest sence*

May safely without danger, I say (not feede,), *smell, touch, taste, and take,* of our renowned *Tabacco,* without annoy: By it, (*Certes,*) all superfluous redoundant moisture in mens members, are wonderfully drained, & drenched, obstructions referate and opened, paines, surrances, and grieuances, maruellously appeazed; melancholie, and such mad humors, neuer a deale the more *supra modum,* augmented.

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I am neither *Pary* the French conceited, (as a boggle or a Bug-beare) *Antipathetic*è, to feare & abhorre it, neither yet: *D. T.* Engliſh *Metamorphoſed, Sympathetic*è, to feele and confeſſe ſo much defect, by one daies want of it. But *Vt ingenuè referam: Nec inficias eam; Ego ſum, qui ſum, ὁ ὤ, Tam egomet ſum rigidus inclytæ Tabaccæ, ſatelles, vt exiſtimem herculè ac credam, (me Iudice)* there is not any one ſimple vnder the Sunne, worthie to ſtand in Moode and Figure, with this our noble *Tabacco*, neither yet, in any paralell, or degree of compariſon, (yeelde all due complements vnto it;) neither is there any other hearbe elſe (in my conceit) in *Orbe, aut per Orbem,* (all Circumſtances obſerued) whereof, & by which, diſcreet Phyſitions may make to themſelues, more, or the like gaine and commodity be it by fume, infuſion, ſyrup, electuarie, or by way of extraction, *Experto crede Roberto.*

And yet by your leaue *(ne nimium efferam) ſemper excipio Platonem*, I do confeſſe without diſparagement vnto *Tabacco.*

That there is one tranſcendent medicine, *Supra Solem*, moſt Soueraigne in maieſtie, and power farre ſurpaſſing this our *Tabacco*, and all hearbs elſe: Whoſe praiſe is in the *Prophet* ſaying:

Neque herba neque malagma, ſed ſermo tuus Domine, ſanat vniverſa.

Sit nomen Domini benedictum.

And

And thus farre concerning the word *Skill*, founded and formed vpon { *Reading* and *Reasoning*.

Square { *Demonstration*. *Practise*. *Proofe*.

Square consisteth vpon foure *Mathematicall dimentions*. { *Motiue*. *Affect*. *Effect*. *Rule*.

Motiue, Containeth th'opportunitie, occasioning me, to admit it.

Affect, Declareth th'infirmities which forced me to frequent it.

Effect, Sheweth th'alterations, strangely performed in me by it.

Rule, Setteth downe the maner and fashion, how rightly to vse it.

By the first you see, how dainty I made it before I durst receiue it.

By

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By the next, you may learne in what plight I was, before I did practiſe it.

By the third, you may vnderſtand, how much I am amended, by operation of it.

By the laſt, you may know, how ſafely and fruit fully to handle it.

And heere by the way, *omnis faceſſat in* { *aliis inuidentia.* / *meipſo arrogantia.*

Enimuero,
Etſi, vnica hyrundo, non faciat ver;
Neque, ex particulari: ſit ſylogizari:
Tamen.

One particular true ſtrange experiment, well tried in my ſelfe.

Inſtar multorum eſto.

Giue credite, as ſhall ſeeme to your ſelues beſt, and make triall, as you ſhall finde cauſe and occaſion.

Now, whether *Tabacco* do purge, *Electiuè, aut promiſcuè*, one, or more humors at once, by chance, or by choiſe, *per ſe, aut per accidẽs, Qualitate manifeſta, aut Virtute occulta, à contrarietate ſubſtantiæ, aut ſimilitudine naturæ:*

ture: Theſe Queſtions I leaue, as not pertinent *ad noſtrum inſtitutum*, vnto the diſcuſſe and determination of greater Clerkes. And moreouer, why ſome men do affect it, *Per ſympathian*, (*vt qui pica laborant*) louingly, and longingly: And why others contrarily, do flie, hate, & abhorre it, *per antipathian*, as the *Bird* the *Kite*, the *Mouſe* the *Cat*, the *Beare* the *Ape*, the *Lion* the *Mouſe*, the *Horſe* and the *Bull*, *Ape* and *Cat*, *Pathetically*, and maliciouſly, I wot not. But, my ſelfe (I ſay) without all vagrant affection, do embrace, praiſe, and recommend it, for that thereby, chiefely, taken by pipe, I haue receiued exopted health, rarely, ſpeedily, and perfectly.

Thus to the Square, and firſt to my Motiue, and other reportes.

Motiue.

THe firſt ſunday, after Twelftide, now foure yeares paſt, a certain godly graue preacher, being at my houſe, and making him readie, that morning, I fortuned to ſalute him in his chamber, taking a Pipe of *Tabacco*: who eftſoones, earneſtly intreated, and at length with much adoe, enduced mee, to harpe vppon his inſtrument, *Ad vnum vſque aut alterum ſimplicem hauſtum*, wherevnto I aſſented, but diſdainfully.

Againe

Againe after a pauſe, reſorting to his Lodging, I hapt to finde him doing as before : Then hee demaunded mine opinion of *Tabacco*. And hearing of no diſlike from me, he importuned me moſt inſtantly, to trie ſome few ſippes more, whereunto I yeelded, yet very ſcornefully. Affirming withall neuertheleſſe, that it ſeemed tollerable, and might prooue no leſſe profitable (*doubtleſſe*) not onely, to many others, but to my ſelfe eſpecially, (circumſtances conſidered,) I being a Man, leane, feeble, full of defects, and infirmities, full of fleame and rheumaticke humidities; if euer it prooued profitable for any manne vnder the Cope of Heauen, comparing my ſelfe, in that daintie conceit, vnto a *Madde Dogge*, (and no better,) whoſe propertie is, to ſhunne, flee, and refuſe, the freſh running waters, his principall and chiefeſt comfort. Then, after Seruice and Sermon done; at dinner time, in company of diuers good merry Gentlemen (my friends,) I hapt to forget my ſelfe a little, in eating and drinking, ſomewhat beyond my wonted meaſure and manner, expecting nothing more conſequent, then due deſerued torments, for that ſame daies delight. And at ſupper, finding my ſelf vnfit, I did of purpoſe abſtaine, (for it needed not) but yet I conueighed ouer frankely, and freely, a good cup of ſacke. Since which my firſt acceptance of *Tabacco*, vntill this inſtant, I proteſt I neuer felt any more of any my former pitiful and painful greeuances; And thoſe manifold and dolorous of me, 50. yeeres ſpace, & aboue, diſcomfortably endured. And for further te-

ſtimony hereof, *How*, in the ſtate of my body, it fared with me many yeeres at *Oxford*, in the time of *Maiſter D. Marbecke*, where I continued *Multum diuque Valetudinarius*, I appeale to his report and others that do know, *Quod non mentior*. Thus, and by theſe motiues, became I dealer with *Tabacco*.

Affectus.

ABout twelue yeeres of age, by meanes of a moiſt ſhirt, I was ſodainly caſt in *Ptyſin*, *i*, the ptiſicke and ſtraightneſſe of breath, with a continuall deſtillation from head to lunges, encreaſing daily, and hourely more and more: till, in the ende, I was conſtrained to change my ſtudie, from *Diuinitie*, vnto *Phiſicke*, for healths ſake; yet for all mine owne painefull labours, and all other friendly helpes, euen of the beſt learned *Phiſitians* in our time, I preuailed not, to any purpoſe, or effect: So that, I became dwined & pined, & finally, brought to ſuch a pickle of leanenes, and feeblenes, throughout all the region and limmes of my body, that I could not ride foure mile end-way at any time, but incontinent, I became bed-rid for ſix daies ſpace after; inſomuch, as I was ſcarce able to walke ouer mine owne chamber, without ſome reſt, or ſtaie. Neither could I receiue any drinke at any hand

hand, were it *Beere, or Wine,* hote or cold, neither yet the very common aire at my mouth, but that immediately, I ſhould be forced to cough, reach, ſtriue, ſtraine, and toile my ſelfe laboriouſly, and moſt lamentably, *Ad vſque ſudorem & dolorem non vulgares*. Moreouer my meat, by the ſpace of xiiij. yeares next before the taking of *Tabacco,* commonlie neuer ſtaied with mee much aboue one quarter of an houre, or an half houre at the moſt, (and yet I durſt not forbeare my meate vtterly, leſt I ſhould haue diſuſed Nature:) And then, after a little ſlumber, at my firſt lying downe, I reiected my ſupper continually: Inſomuch as, I was forced euery night in bed, to receiue a draught of warme poſſet Ale, for to looſe it with eaſe. Then moreouer, after my firſt ſleep, about 12. or one at midnight, lo, I did vſually cough, with euery drop of ſweate vpon my bodie like a Bell, that euen fountaines of blood would ſpring from my noſe, and ſtreames, or ſtreikes of blood likewiſe iſſued from my lungs *Empyematicè*, in ſpitting & ſtreyning, together with a ſhortnes of breath, ſoreneſſe of breaſt, and a generall faintnes throughout all the cheſt, and region of my bodie and limmes, in ſuch ſort, that I did ſeeme vnto moſt men, deſtitute, and depriued of all earthly comfort. And, as I may ſpeake it, to be *Nec animans, nec amans,* both liueleſſe and loueles, fearing and ſuſpecting, not alitle, for diuerſe yeares together, the vtter ruine and decay of all the ſeruiceable partes of office within mee; the head, lungs, liuer, and ſuch other prædominant members. Neuertheleſſe *(vt verum fatear)* ſince the firſt taſte of

Tabacco, all thoſe formerly moſt pittifull and paine-full affections, are vaniſhed and departed from mee, miraculouſly, cleerely, and vtterly, I praiſe God: So that from the firſt day I receiued this noble *Tabacco*, vntill this houre, I neuer felt any of thoſe former grieuances any more, neither yet ſhall heereafter, I truſt, through good guidance. Yea further, will you haue me to tell you *ingenuè*, merily, and vnfainedly, a truth? Lend mee your eares alittle while, not long. The firſt night that I tooke *Tabacco*, being demaunded vppon my waking, how I felt my ſelfe; I did directly aunſwer: That me thought my breaſt was ſlitte, clouen, and diuided, (as it were) from throate to nauill, and I my ſelfe at large happily redeemed from captiuity to liberty, from ſickeneſſe to health, from paines to delight, from continuall diſcouragement, to comfort and conſolation: And ſo it ſeemes to mee ſtill, God wottes, Wherefore, *Lauda anima mea Dominum*, and all that is within me, praiſe his holy name.

Thus, and no otherwiſe, was I affected.

Effectus.

Tabacco, in my conceit, dooth, not onely open and dry, *Ratione caliditatis & ſiccitatis*, but alſo, *ſuapte virtute*, dooth purge and expell, *quicquid noxium*,

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noxium, mightily and mainely. To giue you an inſtance or example in my ſelfe; In proceſſe of weekes, well I wot, it hath forced out of my braines, through the great middle Suture of my ſcull, at an emunctorie, not much aboue the toppe of my eares, by times, more yellow, bitter, corrupt, choloricke moiſture, I am ſure, then three gill cuppes could containe, before it left that courſe of purging. This humour was the primarie and principall occaſion (as I take it) of all my former inueterate fluxes and deſtillations, dropping from the head downeward, infecting the leights, and forcing withal, intolerable ſoreneſſe, ptiſicke, and many other ſuch inconueniences, of the like graine and grime, ſuſtained of me, by the ſpace of ſeauen and fiftie yeeres continuall, and more. Now all theſe accidents notwithſtanding, (bleſſed be God for his mercy, in the meanes of mans health) euen ſince the very firſt aſſay of *Tabacco*: There hath beene, and yet is, quietneſſe in my head, comfort in my ſtomacke, liberty in my lungs, ſtrength and agility in my limbes, (*κατὰ π*) perfection in my liuer, reſt in my bones, and *in vniuerſa carne mea, ſanitas*. Finally, al the powers and faculties within me, be they *Naturall*, *Vitall*, or *Animall*, are ſo refreſhed, and reuiued, that nowe beeing threeſcore and nine yeeres of dayes compleate: my minde and body both, are made apt, nimble, and actiue (neuer better erſt) for ſtudie and trauell, fitting and conuenient. The Lord be praiſed.

Theſe, and no leſſe were the effectes wrought vpon me by *Tabacco*.

Rule.

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Rule.

AT the firſt brunt, ſending to *Durham*, for ſome of this geere, to worke withall: two *Tabacco* pipes miſcarried by the way, which might portend *aliquod malum*, (*Nam in primo limine titubare omine ſum:*) Sending againe the ſecond time, I ſpedde: Then *Bonis auibus*, I entertained *Tabacco* into requeſt, and made triall of it actiuelie, as followeth. The firſt weeke, euery day once, I took one pipe only at a time; The ſecond weeke, euery other day, one pipe onelie a day; The third weeke, euery third day, one pipe onlie a day: The fourth weeke, once only, and ſo forth, weekely, monthly, or quarterly, as occaſion. The maner of my vſage is thus; being a man leane of conſtitution and feeble, earely in the morning, being made ready, and my throate, lungs and ſtomach, ſcoured, by hauking, reaching, coughing, and ſpitting: Then I take my pipe of *Tabacco*, ſitting cloſe by a warme fire, the ſpace of halfe an houre and more, vntill the giddineſſe and ſwimming in my head be paſt, and the medicine alſo haue done it feate: then I vſe to gargle my mouth with a cuppe of beere, well warmed with a toſte. After that I receiue a good cuppe of Sacke. By meanes whereof, *Tabacco*, being, as it were, reuiued, *nam vinum vires auget*, beginnes afreſh ſenſibly, to viſite and ſalute, head, ſtomacke, breaſt, fingers, and feet, for a prettie ſeaſon: And when all thoſe ſtormes, and ſtowers are ouer-ſhot, then doe I feele my ſelfe light,

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light, and liuelie vnto any competent exerciſe, forbearing neuertheles, both meate, and common aire; keeping alſo within my chamber ſome two or three houres at the leaſt, leſt I ſhould either haſten appetite too quickly, or elſe, catch ſome cold diſorderly, all the pores of my body lying open & apt to harme, through the vehemeut operation and force of the foreſaid *Tabacco*. Now, if this be true, as true it is, *(et ipſe luce clarius)* that it is ſo comfortable to choloricke, leane, and ſpinie men, much more of force muſt it needes be profitable for groſſe, fat, and foggy bodies, repleat with *hydropicall* humours; ſo that conſequently, I may confidently inferre hereupon, that *Tabacco*, (good order obſerued) is comfortable and commendable, for moſt men of any age, degree, conſtitution, or condition ſoeuer; And thus did I vſe, and yet by times do ſtill vſe *Tabacco*, with comfort and comoditie. Howbeit, of late, (not to diſſemble,) hauing my whole bodie, veſſels, and frame therof, ſufficiently reformed and cleanſed, I do of purpoſe forbeare the frequent vſe of it, leſt I ſhould ſeeme to haue forgotten what *Galen* ſayed: *ſcilicet*,

Sanas carnes habentes:
facilè medicina ſoluuntur.

And herevpon, whereas, before I did inferre, and auerre, that *Tabacco* is commendable for moſt men of any age, degree, conſtitution, or condition ſoeuer: I would not be miſtaken (for my meaning is, and ſo my

words import) chiefely men and women of riper age, in whom matter may appeare to worke vpon ὁ ἐ, *adultos ac prouectiores*, and thoſe either leane, full of humorous ſuperfluities accidental, or elſe, fat and foggie, hauing *pleuthorica corpora*, abounding with groſſe matters, excrementitiall, apt to putrefaction: But for chill youths, and ſuch other, hauing *corpora mollia & carnem halienoſam, ac ſpiritum locupletem innatum*, ὁ ἐ, tender & healthfull, I take it not fit, by the ſence alleadged. *Apho: lib: 2. Apho: 36.*

Now you haue heard, and may conceiue, in what ſorte I haue vnfolded and declared, *propoſſe, próque viribus*, the true conſtruction, and faithful interpretation of my firſt two capitall termes { *Skill* and *Square.*

And that *geniculatim* in their ſubdiuiſion and members

Of { *Reading* and *Reaſoning.* } Of { *Motiue:* *Affect:* *Effect:* *Rule.* } diſtinctly and cleerely.

Wherein ſome men perhappes may ſuppoſe, that I haue ſatisfied, in ſome ſorte, and fully accompliſhed mine intended purpoſe, in the ſetting forth of the *Enargie, Vertue*, and *Valure* of that worthy and twice redoubted *Indian Tabacco*: Yet neuertheleſſe, vppon reuiew, and further contemplation, me ſeemes I haue tript

tript ouer, two of the moſt neceſſary reports, and repu-tations belonging to *Tabacco, vtpote* { *Vſe.* / *Application.*

Whereof, the former I finde to be foure folde.

For it is profitable to {
- *Reforme and rectifie what is amiſſe.*
- *Prouoke vomite vpward.*
- *Purge by ſiege, humors of any combination.*
- *Cure wounds of euery condition.*

Vſes.

Firſt, Taken (by *Pipe*) in fume, to draine vp all ſuperfluous moiſture, be it *in ventriculo, hepate, cerebro, aut ipſo etiam pulmone*; or moreouer, to open and eaſe all the ſluices, conduites, pipes, and paſſages, from parte to parte, in the whole frame and courſe of mans body, *It is moſt ſoueraigne, and of ſingular operation.*

Secondly, Taken for *Vomite*, it is a preſent meane, vſed *manſticè* ὁ ἐ, being chewed vp and downe in the mouth, three or foure ſmall peeces of *Tabacco* leafe at one time, one peece after another, vntill foure or fiue droppes thereof be drilled into the ſtomacke: Then, well I wot, there will be anone olde tumbling, heauing, reaching, and flinging, whileſt all matters offenſiue be forced thence vpward: *Albeit it will require your patience.*

Thirdly, Taken for *Purge*, a leafe ſtiept ouer night in a portion of white Wine or Rheniſh, will giue a

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mighty purge, deducing & deriuing in ſhort proceſſe, humors of any combination and excrements of euery condition, *Per loca conferentia.*

Fourthly, Taken for *Cure*, the onely aſhes thereof are profitable, and in moſt vſe (no doubt) for greene wounds, vlcers, and olde ſores of all ſortes.

Theſe are the foure principall endes and vſes of *Tabacco.*

And, as the Vſe, ſo is the Application of Tabacco.

Firſt, when you take it by *Pipe*, mine aduice is, that you put into your box of prepared powder, one grain at the leaſt, of the oile of *Anniſeedes*, it will giue your powder a maruellous grace, and comfortable, both to the ſmell, and taſte, of the taker, not only pleaſant and delectable, but alſo profitable and commendable, eſpecially to the daintier ſort.

Secondly, when you vſe it for *Vomite*, doe not, in any caſe, abridge, or reſtraine, the violent operation thereof, by appoſition of any dilatory mixture: But, ſuffer it to expreſſe it owne force in action, *ſecundùm libitum ſuum, & vim innatam*, for the more effectuall and ſpeedier diſpatch, of a ſurcharged ſtomacke, by reiectation.

Thirdly, when you intend to *Purge*, omit not, forget not, it will be very expedient, and no leſſe conuenient,

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nient, for you, and euery man of euery condition, the night before you take it, to infuſe together with your *Tabaccos* leafe in white wine, or other liquor, ſome prety portion of *Synamon*, *Ginger*, and *Nutmegs* bruiſed, with two or three cheires of whole *Mace*: And (if you liſt) of *Liquorice* and *Anniſeedes* likewiſe bruiſed, a ſmall quantitie. Theſe things are *verè carminatiua*, cordiall, *& Alexipharmaca*, and wil make your *Tabacco* to become *medicamentum benedictum*.

Fourthly, When you apply it for *Cure* of wounds, you muſt remember to reſerue the burnt aſhes remaining in your *Tabaccoes* pipe. Of the ſame, ſprinckle into your greene wound, vlcer, or ſore, and you ſhall ſee it performe ſtrange and admirable effectes (as it were) *vnum idémque*, drying, cleanſing, filling, and reforming the part and place affected, as ſhall appertaine. Many men doe diuerſly report woonderfull effectes, in this behalfe, brought to paſſe, onely by the vertue and operation of *Tabacco*. And ſome pretty helpes (I confeſſe) at home, haue I alſo ſeene thereby; to no ſmall eaſe of diuerſe, encouragement to others, and tending chiefly to the ineſtimable praiſe of God, the Author of all gnod: Wherefore I wil conclude with this *Epiphonæma*,

Omnis ſpiritus laudet Dominum.

Let euery thing that hath breath,
praiſe the Lord.

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THus much then, finally, and *aphoristicè*, for concluſion of mine owne experience and knowledge, in the triall of *Tabaccoes* virtue, not minding hereby, any way to offend, preiudice, or interrupt my ſuperiors; But rather algates, by all my beſt meanes, to forewarne, and exhort, all followers and fauorites of *Tabacco*, to remember, *Ne quid nimis*, and circumſpectly to foreſee, *Ne quid temerè attentetur aliquando*; and that due circumſtances regarded, euery thing may rightly be ordered and marſhalled, by skilfull direction of the learned, leſt happly, vnhappily, through mens raſh and inconſiderate vſage thereof, they themſelues (*ſua ipſorum culpa*) catch Copper for Coyne, and, inſteade of vaine hoped for help, ſome due deſerued harme.

* * *

FINIS.

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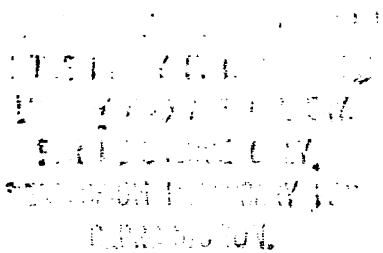

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